



# World Scientific News

An International Scientific Journal

WSN 102 (2018) 30-46

EISSN 2392-2192

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## Current clinical management of malignant melanoma – diagnosis process and innovative therapies

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### ABSTRACT

Malignant melanoma is a highly invasive cancer which derives from neuroectodermic melanocytic cells. It is characterized by the highest frequency of cases in both sexes and all age groups. High metastatic potential of melanoma and its multidrug resistance might be a significant problem in the treatment. Permanent and complete remissions are rare, while the 5-year survival rate remains relatively low. In the last years there has been a breakthrough in the systemic therapy of malignant melanoma. Modern drugs have revolutionized previous therapeutic management of melanoma. As part of therapeutic programs, new medicines are available: dabrafenib, ipilimumab, pembrolizumab, trametinib and vemurafenib. The following paper presents current clinical management standards for melanoma diagnoses, based on the widely accepted scientific data and expert experience - with emphasis on modern methods of treatment of this cancer.

**Keywords:** melanoma, melanoma staging, AJCC, dabrafenib, ipilimumab, pembrolizumab, vemurafenib, *Melanoma malignum*, photodynamic therapy, electrochemotherapy

## 1. INTRODUCTION

Malignant melanoma (latin: *Melanoma malignum*) is a highly invasive cancer which derives from neuroectodermic melanocytic cells [1]. It is characterized by the highest frequency of cases in both sexes and all age groups. In Poland, the number of patients raised threefold in 1980-2010, reaching a level of 2.500 new diagnosed people per year. Permanent and complete remissions are rare, while the 5-year survival rate remains relatively low [2]. High metastatic potential of melanoma and its multidrug resistance might be a significant problem in the treatment. According to the above, it is justified to quest for new, effective methods of anti-melanoma therapy.

In the last years there has been a breakthrough in the systemic therapy of malignant melanoma. New methods of both molecular-targeted treatments and immunotherapy were developed. Modern drugs have revolutionized previous therapeutic management of melanoma. As part of therapeutic programs, new medicines are available: dabrafenib, ipilimumab, pembrolizumab, trametinib and vemurafenib [3].

The following paper presents current clinical management standards for melanoma diagnoses, based on the widely accepted scientific data and expert experience - with emphasis on modern methods of treatment of this cancer.

## 2. MELANOMA ETIOPATHOGENESIS

Melanoma is a malignant tumor that originates from skin melanocytes, mucous membranes or uveal layer of the eyeball. Due to the high metastatic potential of the tumor, determining its primary localization is sometimes very difficult and impossible. Etiological factors leading to malignant transformation of normal melanocytes have not been fully understood. The predisposition to the developing skin cancers is associated with a dose of ultraviolet radiation (UV) that exerts mutagenic effects on nuclear DNA. People with a bright skin phenotype (type I or II) are particularly vulnerable to harmful UV effects. The type and intensity of exposure also play an important role. The use of solarium (high doses of UV-A and UV-B in a short time) increases the risk of melanoma almost twice [4]. For this reason, many countries have excluded the use of solarium: totally (Brazil) or for underage (Poland, Germany) [5]. Risk factors also include individual propensity to sunburn, as well as severe sunburns in adolescence (twice or threefold increase the risk after 5 burn episodes).

An important role in preventing the development of melanoma and other neoplastic processes is associated with the proper condition of the immune system. The decrease of cell-mediated and humoral immune responses, as well as disturbances in the integrity of organism's natural defense barriers favor the growth of proliferation processes. UV radiation (especially UV-B) impairs the defense mechanisms of the skin, promoting the formation of oxidized melanin, which causes additional damage of DNA and inhibits apoptosis. Furthermore, the increased risk of melanoma in patients with immunosuppression is emphasized: after organs transplantations or patients with AIDS (*acquired immune deficiency syndrome*) [5].

Carcinogenesis may occur on the genetic level [6][7]. Mutations in the following genes such a CDKN2A [8], TP16/CDK4 [9], TP14, BRAF V600E [10], and TP53 [11] play an important role in the pathogenesis of melanoma [12]. Genetic load (one first stage relation

with patient suffering from melanoma) increase the risk of the skin cancer at least 3 times [12]. We cannot fail to mention the *Familial atypical multiple mole melanoma* (FAMMM) syndrome which is an autosomal dominant hereditary disorder [13] associated with CDKN2A mutation [8]. Penetration of mutation is even to 92% in melanoma-prone families [8][14][13].

### 3. CLINICAL SYMPTOMS

Skin melanoma may develop *de novo* (within the skin previously unchanged) or based on the pigmentary nevi:

- melanocytic lesions - arise as a result of developmental abnormalities of the skin during fetal life (dysplastic, melanocytic, congenital),
- pigment stains.

Melanoma in the early stage of growth is a flat, asymmetrical, multi-colored change with irregular borders. Over time, it emphasizes over the skin level, creating ulcers with blood exudate on the surface [15].

Clinical symptoms of melanoma are grouped in the ABCDE clinical system, aimed at facilitating the diagnosis of cancer (Table 1) [16].

**Table 1.** Clinical picture of cutaneous melanomas in the ABCDE system [16].

|   |  |
|---|--|
| <b>A</b> ( <i>assymetrical shape</i> )            | Melanoma is asymmetric in every axis, presents irregular shape (to distinguish: benign changes are usually round or oval).   |
| <b>B</b> ( <i>borders</i> )                       | The edges are jagged and uneven.   |
| <b>C</b> ( <i>color</i> )                         | <ul style="list-style-type: none"> <li>• Usually from light brown to black,</li> <li>• sometimes white, red or blue,</li> <li>• irregular dye distribution.</li> </ul> |
| <b>D</b> ( <i>diameter</i> )                      | Usually greater than 6 mm ( <i>the size of a pencil eraser</i> ), perceptible dynamics of morphological changes.   |
| <b>E</b> ( <i>elevation or evolution/change</i> ) | The mole's surface above the level of the epidermis surrounding the tumor  |

Some authors in the above classification also include the feature “F”, which means "funny looking". It refers to the prophylactic "*ugly duckling rule*" according to which, the patient observing his skin should pay special attention to the nevi that stand out in shape, color or size from other moles. The "*funny looking mole*", like the "*ugly duckling sign*" implies that there is an overall suspect [17].

As the disease progresses, melanoma infiltrates the deeper layers of the skin, producing metastases in the vicinity of the primary focus, to the lymph nodes as well as distant metastasis through the lymph and blood vessels (mainly lungs, liver, brain and bones) [18].

#### 4. DIAGNOSTICS

The most crucial element of early diagnosis of melanoma is a thorough examination of the patient's skin (in good light), which must also include areas that are difficult to access - scalp, hands and soles of the feet, interdigital spaces, genital and anal areas. Physician should remember about the possibility of presence subungual melanoma, on mucous membranes (for example vulva), as well as the uveal type.

Dermatoscopy (epiluminescence microscopy) is used in the initial diagnosis. This method reaches 96.3% of sensitivity and 94.2% of specificity. This is a non-invasive method and the standard test takes several minutes. Lesions are viewed under a standardized source of light, approximately 20x magnified, which allows their further objective assessment by the doctor [19].

To confirm the diagnosis and determine the stage of cancer, histopathological examination of the entire surgically cut pigmented lesion is necessary. The suspected skin lesion is dissected with a margin of healthy skin, and if the diagnosis of melanoma is established - a possible decision to widen the excision is made [20].

Patients with infiltration exceeding 1 mm are classified for sentinel lymph node biopsy (SLNB). It is a method which is necessary to evaluate the presence of micrometastases in the lymph nodes. Sentinel node biopsy is performed after dissecting biopsy of melanoma using lymphoscintigraphy. SNLB is characterized by low incidence of postoperative complications, therefore it is considered to be a minimally invasive diagnostic method [21].

After determining the histopathological diagnosis and assessment of the presence of metastases in regional lymph nodes, the treatment should be implemented in accordance to the evaluation of the cancer stage. Currently, the melanoma classification system is based on the TNM (*tumor, lymph nodes, metastasis*) scale of the American Joint Committee on Cancer (AJCC – 8th edition, 2017) (Table 2, 3, 4) [22].

**Table 2.** Melanoma classification for diagnosis. T (primary tumor), N (regional lymph nodes) and M (distant metastasis) categories.

(Amin MB, Edge SB, Greene FL, et al, eds. AJCC Cancer Staging Manual. 8th ed. New York: Springer International Publishing; 2017: 563–585) [22]

| <b>T<br/>CATEGORY</b>                           | <b>THICKNESS [mm]</b> | <b>ULCERATION STATUS</b> |
|---|-----------------------|--------------------------|
| Tx (primary tumor thickness cannot be assessed) | Not applicable        | Not applicable           |

|                                   |   |   |     |
|-----------------------------------|---|---|-----|
| T0 (no evidence of primary tumor) | Not applicable                              | Not applicable  |     |
| Tis (melanoma <i>in situ</i> )    | Not applicable                              | Not applicable  |     |
| T1a                               | <0,8 mm                                     | Without ulceration  |     |
| T1b                               | <0,8 mm                                     | With ulceration   |     |
|                                   | 0,8 mm – 1 mm                               | With or without ulceration  |     |
| T2a                               | 1,0 – 2,0 mm                                | Without ulceration  |     |
| T2b                               | 1,0 – 2,0 mm                                | With ulceration   |     |
| T3a                               | 2,0 – 4,0 mm                                | Without ulceration  |     |
| T3b                               | 2,0 – 4,0 mm                                | With ulceration   |     |
| T4a                               | > 4,0 mm                                    | Without ulceration  |     |
| T4b                               | < 4,0 mm                                    | With ulceration   |     |
| <b>N CATEGORY</b>                 | <b>No. OF INVOLVED REGIONAL LYMPH NODES</b> | <b>PRESENCE OF IN-TRANSIT, SATELLITE AND/OR MICROSATELLITE METASTASES</b> |     |
| Nx                                | Regional nodes not assessed                 | No  |     |
| N0                                | 0 (no regional metastases detected)         | No  |     |
| N1                                | N1a   | One clinically occult (ie, detected by SNL biopsy)                        | No  |
|                                   | N1b   | One clinically detected   | No  |
|                                   | N1c   | No regional lymph node disease  | Yes |
| N2                                | N2a   | Two or three clinically occult  | No  |
|                                   | N2b   | Two or three, at least one which was clinically detected                  | No  |
|                                   | N2c   | One clinically occult or clinically detected                              | Yes |

|                   |     |   |  |
|-------------------|-----|---|--|
| N3                | N3a | Four or more clinically occult  | No   |
|                   | N3b | Four or more, at least one which was clinically detected, or the presence of any number of matted nodes | No   |
|                   | N3c | Two or more clinically occult or clinically detected and/or the presence of any number of matted nodes  | Yes  |
| <b>M CATEGORY</b> |     | <b>ANATOMIC SITE</b>  | <b>LDH LEVEL</b>                           |
| M0                |     | No evidence of distant metastases   | Not applicable                             |
| M1a               |     | Distant metastasis to skin, soft tissue including muscles and/or non-regional lymph nodes               | Not elevated [M1a(0)] or elevated [M1a(1)] |
| M1b               |     | Distant metastasis to lung with or without M1a sites of the disease                                     | Not elevated [M1b(0)] or elevated [M1b(1)] |
| M1c               |     | Distant metastasis to non-CNS visceral sites with or without M1a or M1b sites of disease                | Not elevated [M1c(0)] or elevated [M1c(1)] |
| M1d               |     | Distant metastasis to CNS with or without M1a-c sites of disease  | Not elevated [M1d(0)] or elevated [M1d(1)] |

**Table 3.** AJCC Pathological (pTNM) Prognostics Stage Groups

(Amin MB, Edge SB, Greene FL, et al, eds. AJCC Cancer Staging Manual. 8th ed. New York: Springer International Publishing; 2017:563–585) [22]

| <b>PATHOLOGICAL STAGE GROUP</b> | <b>T CATEGORY</b> | <b>N CATEGORY</b> | <b>M CATEGORY</b> |
|---------------------------------|-------------------|-------------------|-------------------|
| 0                               | Tis               | N0                | M0                |
| IA                              | T1a               | N0                | M0                |

|      |             |                    |    |
|------|-------------|--------------------|----|
|      | T1b         | N0                 | M0 |
| IB   | T2a         | N0                 | M0 |
| IIA  | T2b         | N0                 | M0 |
|      | T3a         | N0                 | M0 |
| IIB  | T3b         | N0                 | M0 |
|      | T4a         | N0                 | M0 |
| IIC  | T4b         | N0                 | M0 |
| IIIA | T1a/b – T2a | N1a, N2a           | M0 |
| IIIB | T0          | N1b, N1c           | M0 |
|      | T1a/b - T2a | N1b/c, N2b         | M0 |
|      | T2b, T3a    | N1a – N2b          | M0 |
| IIIC | T0          | N2b, N2c, N3b, N3c | M0 |
|      | T1a – T3a   | N2c, N3a/b/c       | M0 |
|      | T3b, T4a    | Any N $\geq$ N1    | M0 |
|      | T4b         | N1a – N2c          | M0 |
| IIID | T4b         | N3a/b/c            | M0 |
| IV   | Any T, Tis  | Any N              | M1 |

**Table 4.** AJCC Clinical (cTNM) Prognostic Stage Groups

(Amin MB, Edge SB, Greene FL, et al, eds. AJCC Cancer Staging Manual. 8th ed. New York: Springer International Publishing; 2017: 563–585) [22]

| CLINICAL STAGE GROUP | T CATEGORY | N CATEGORY | M CATEGORY |
|----------------------|------------|------------|------------|
| 0                    | Tis        | N0         | M0         |
| IA                   | T1a        | N0         | M0         |
| IB                   | T1b        | N0         | M0         |
|                      | T2a        | N0         | M0         |

|     |            |       |    |
|-----|------------|-------|----|
| IIA | T2b        | N0    | M0 |
|     | T3a        | N0    | M0 |
| IIB | T3b        | N0    | M0 |
|     | T4a        | N0    | M0 |
| IIC | T4b        | N0    | M0 |
| III | Any T, Tis | ≥N1   | M0 |
| IV  | Any T      | Any N | M1 |

Both, clinical and pathological classifications are used in malignant melanoma staging [23].

## 5. TREATMENT

The surgical treatment is the method of choice. The suspected pigmented lesion needs to undergo an excisional biopsy. The further cure (after histopathological confirmation of melanoma) depends on the clinical stage of cancer, according to the TNM scale.

### 5. 1. Stages I-II

The complete removal of the scar after biopsy of the primary focus is required. It is recommended to keep the border of healthy skin. For invasive melanomas with Breslow thickness  $\leq 1$  mm (Table 4), the recommended marginal clearance is 1cm of surrounding skin. For melanomas with a Breslow depth between 1 and 2 mm, surgical margins should take 1–2 cm. For melanomas between 2 and 4 mm in Breslow depth, as well as for the so-called “*thick melanomas*” margins of excision 2 cm are required [24][25].

**Table 5.** Breslow scale (according to TNM system)

(McCarter MD. “Melanoma” in “Abernathy’s Surgical Secrets”, Elsevier, 2009, pp. 328-335) [26]

| BRESLOW STAGE | MELANOMA THICKNESS |
|---------------|--------------------|
| I             | $\leq 1$ mm        |
| II            | 1 – 2 mm           |
| III           | 2 – 4 mm           |
| IV            | > 4mm              |

## 5. 2. Stages III

### 5. 2. 1. Surgical management

The presence of metastases in regional lymph nodes is an important factor determining further prognosis in patients with cutaneous melanoma. If the presence of metastases in sentinel nodes or in clinically enlarged lymph nodes is confirmed, lymphadenectomy should be performed. Infiltration of melanoma cells beyond the lymph node capsule is an additional factor negatively affecting the patient's prognosis [27].

### 5. 2. 2. Treatment of metastases to subcutaneous tissue and *in-transit*

*In-transit* metastases (accompanying lymphatic vessels running from the tumor to the regional lymphatic system) should be removed surgically. In cases of multiple or unresectable changes, other forms of treatment should be considered: electrochemotherapy, radiotherapy, limb perfusion chemotherapy.

Electrochemotherapy (ECT) is a modern technique for the treatment of cancers located in the subcutaneous (localization in the skin or subcutaneous tissue) as well as internal tumors. This method involves the combination of local or systemic chemotherapy and application of ultra-short electrical pulses of high intensity to induce temporary tumor electropermeabilization. By using ECT, high doses of chemotherapeutics penetrate into permeabilized tumor cells whereas drug concentration is similar or even lower, than in standard treatment. The use of the reversible electroporation phenomenon leads to the increase in the effective concentration of cytostatic (e.g., intravenous bleomycin or intratumoral cisplatin) in tumor cells and a reduce of dose which is less toxic to healthy cells. Within, the tumor, fibrous lesions develop, and pathological cells undergo destruction. Electrochemotherapy is characterized by a high percentage of responses to treatment (over 80%). It is used mainly in the treatment of multiple cancerous metastases to the skin, which are not eligible for surgical treatment. The indications for ECT are primarily: melanoma and recurrent skin cancers, skin metastases of internal organs, dermatofibrosarcoma, angiosarcoma, head and neck cancer [28].

The extensive and multiple lesions, localized on the limb, can be treated by limb perfusion chemotherapy in hyperthermia (hyperthermic isolated limb perfusion - HILP). It is a regional chemotherapy technology, based on high doses of a cytostatic drug (melphalan or TNF-alpha) perfused to the limb isolated from the systemic circulation. It allows to achieve 10-100x higher concentrations of the drug in perfused tissue than after systemic administration of the cytostatics. The HILP method is used in the case of local recurrence (without distant metastases) of previously radically excised melanoma and unresectable *in-transit* metastases. Complications are rare and include penetration of cytostatic to the general circulation or limb amputation [29].

### 5. 2. 3. Adjuvant treatment

Adjuvant treatment of locally advanced melanoma should be considered in case of significantly thick lesions or with primary tumor's ulceration (IIB / IIC stages). It is also indicated after removal of regional lymph nodes in patients exposed to relapse (grade III). Currently used methods of adjuvant therapy are: adjuvant radiotherapy and systemic treatment with the use of interferon alfa-2b. Adjuvant treatment reduces the number of local recurrences, however without affecting overall survival (OS). Clinical trials are being carried

out on the use in adjuvant therapy, including anti-CTLA-4 antibodies and drugs directed to the BRAF-MEK pathway [30].

### **5. 3. Treatment of metastatic malignant melanoma**

Treatment of patients with stage IV of melanoma is constantly developing. New methods of systemic therapy have improved the overall survival of patients, reaching a period from 10-15 months [31]. The systemic treatment is essential for advanced stage of cancer, however the possibility of surgical excision of secondary lesions in the skin or distant metastases should always be considered - especially if they are sparse and concern one organ.

#### **5. 3. 1. Chemotherapy**

Currently, chemotherapeutic protocols allow for one cytostatic - dacarbazine, but its effectiveness is relatively low. The objective response of dacarbazine is observed in 10-15% of patients, with a total remission rate of only 5%. The median duration of the response is up to 4 months. The multidrug therapeutic procedures applied in the regimens containing dacarbazine (in combination with cisplatin, vinblastine, etc.) have not confirmed their efficacy [32].

#### **5. 3. 2. Immunotherapy**

The available clinical data, prove that, the use of interleukin 2 in monotherapy and in combination with interferon alfa-2b may insignificantly increase the treatment index, however it severe the side effects and without positive impact on overall survival of patients [33].

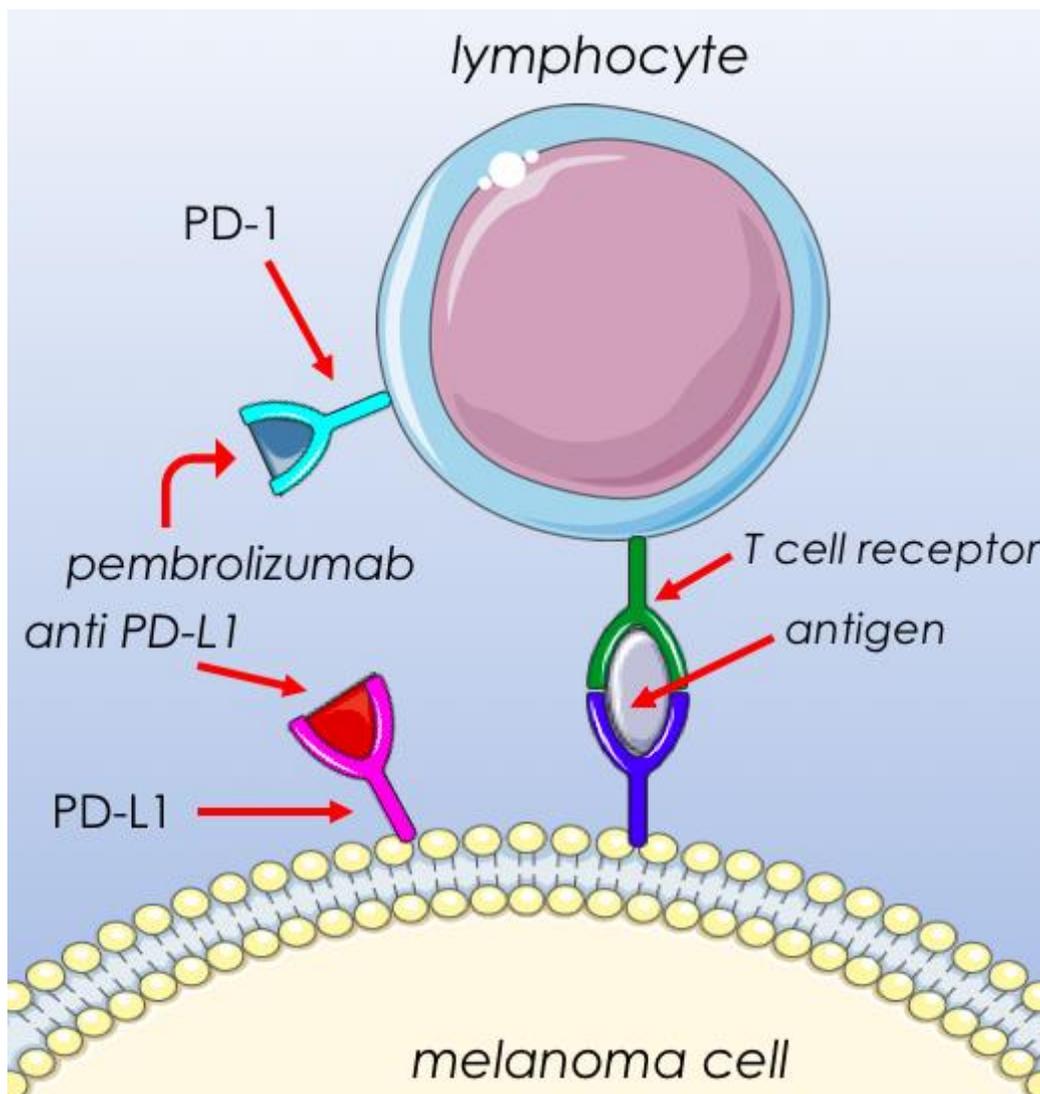
#### **5. 3. 3. Ipilimumab**

Ipilimumab was the first medicine, which significantly extended the overall survival among the patients suffering from melanoma [34][35]. It's the human recombinant monoclonal antibody, which is the blocker of antigen CTLA-4 [36], which occur on activated lymphocytes T membranes surface [37] and inhibits the lymphocyte response [38]. Owing to that fact, the treatment with ipilimumab results in stimulation of immune system expressed in intensified attack the tumour cell by lymphocytes [35]. Activated lymphocytes T through cytotoxicity mechanism and cytokines secretion cause apoptosis of melanoma cells [39]. The study of Zaragoza et al. revealed that the increase in absolute lymphocyte count – ALC was observed during the ipilimumab mediated therapy [40].

This agent is used especially in unresectable or metastatic skin melanoma treatment [40]. Despite of the fact that percentage of objective responses during ipilimumab therapy oscillates about 10%, there is observed significant extension of life [40]. Moreover, Schadendorf et al. studies exposed that in the group of 1861 patient with melanoma, threated with ipilimumab, the median of overall survival was 11,4 months, and the percentage of 3 years survival was 22%). Longer survival rate was obtained at patients suffering from melanoma, who had not received systemic treatment before (the median of overall survival was 13,5 months, and the percentage of 3 years survival was 20%) [41].

### 5. 3. 4. Pembrolizumab

Pembrolizumab is a humanized monoclonal antibody blocking the programmed cell death receptor (*programmed cell death protein 1* - PD-1). PD-1 is a glycoprotein receptor that is presented primarily on activated T and B lymphocytes. It is one of the most important negative regulators of the immune response, which is responsible for preventing the development of autoimmune diseases and controlling damage of healthy tissue during infection. PD1 receptor ligand - PD-L1 (*programmed death ligand 1*) is located on the surface of almost all human cells. Tumor cells express PD-L1 ligand or stimulate PD-1 receptor expression in lymphocytes, thereby inhibiting the anti-tumor response. Increased expression of the PD-L1 ligand was showed on the surface of melanoma cells (Scheme 1).



**Scheme 1.** Mechanism of action of *anti PD-1* and *anti PD-L1* antibodies.

(Modified from: National Cancer Institute website, <https://www.cancer.gov/news-events/cancer-currents-blog/2015/pembrolizumab-nsclc> and Servier Medical Art website, <http://smart.servier.com/>)

The inhibitor of PD-L1 ligand is atezolizumab – antibody which is used in the therapy of lung cancer. However, any mechanisms have not been identified whereby tumor cells induce expression of PD-L1 or PD-1 on lymphocytes infiltrating cancer.

The previous studies on anti-PD-1 antibodies have indicated their high efficacy in the treatment of melanoma and non-small cell lung carcinoma (NSCLC). Pembrolizumab is used in particular among patients with non-surgical or spread melanoma, without mutations in the BRAF gene. In the study conducted by Robert et al., a group of 843 patients with advanced melanoma without prior systemic treatment were assigned in a 1: 1: 1 ratio to the pembrolizumab group at a dose of 10 mg / kg BW every 2 weeks, to the group treated with the same dose of pembrolizumab every 3 weeks and to the ipilimumab group (4 doses of 3 mg / kg every 3 weeks). The response rate was the highest in the pembrolizumab group every 2 weeks (33.7%), then every 3 weeks (32.9%), and the lowest ones treated with ipilimumab - 11.9%. The estimated 12-month survival rates were 74.1%, 68.4% and 58.2%, respectively. In conclusion, pembrolizumab has been shown to be more effective, than ipilimumab in the first line of melanoma treatment. The results of the therapy were similar when using the drug every 2 and every 3 weeks [42].

In case of the treatment with pembrolizumab, increased risk of pseudo-aggression occurrence has been occurred. This phenomenon is characterized as an increase in the size of treated lesions or the appearance of new lesions in the first phase of treatment. It is related to the infiltration of inflammatory cells in the neoplastic area, which is an expected phenomenon. These changes regress during further treatment [43].

### **5. 3. 5. Vemurafenib**

Approximately half of melanoma tumors are BRAF positive (), and more than 90% of them are BRAF-V600E positive [10] – which means that these tumor cells show specific missunderstanding mutation in codon V600E, which is responsible for activating BRAF kinase. It leads to permanent hyperactivity of the kinase and lack of sensitivity to feedback signals inhibiting its enzymatic activity. As a result, in this melanoma cells there is a disturbance of the process of apoptosis, increase of the replication potential of the tumor and avoidance of the immune response [44]. Hugdahl et al. revealed that positive BRAF-V600E expression is significantly associated with malignancy [45]. Moreover, BRAF V600E mutations affect tumor angiogenesis by stimulating the secretion of vascular endothelial growth factor (VEGF) [44].

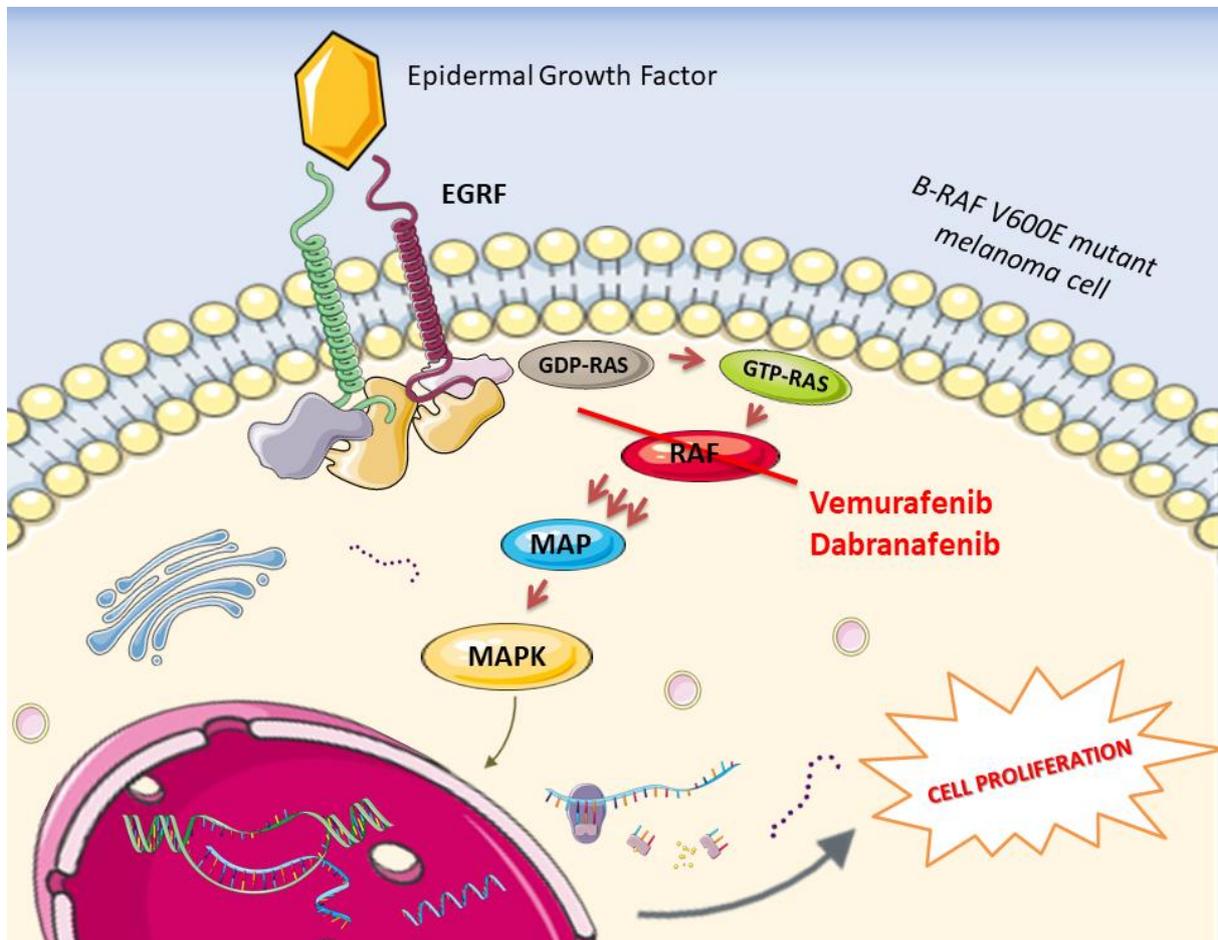
In recent years, vemurafenib has become an interesting alternative for classic treatment in BRAF positive melanomas [46]. Vemurafenib is a selective kinase inhibition of the mitogen activated protein kinase (MAPK) pathway in patients with BRAF mutation [47] (scheme 2). BRAF protein is an integral part of the intracellular signalling pathway RAS-RAF-MEK-ERK, which is associated with proliferation, differentiation and growth of cells. Signalling pathway RAS-RAF-MEK-ERK is being activated by extracellular growth factors like: fibroblast growth factor – FGF, hepatocyte growth factor – HGF and stem cell factor – SCF. After activation of this pathway, the RAS protein stimulates serine-threonine BRAF kinase, which starts mitogen activated protein kinase – MAPK. The MAP kinase which the sequence was last described, affects directly on transcription factors, accelerating cell proliferation [48].

Blockade of MEK phosphorylation by vemurafenib in RAS-RAF-MEK-ERK signalling pathway leads to the decrease in melanoma cell proliferation and potentiate apoptosis. Before

initiating vemurafenib therapy, the presence of BRAF mutations should be confirmed by appropriate genetic tests. Sosman et al. studies have exposed that Vemurafenib is usually well tolerated however, some limitations associated with serious specific side effects like: skin toxicity, joint pain, and cardiotoxicity has been revealed [49], as well as the increasing resistance to this medicine [50].

### 5. 3. 6. Dabrafenib

Dabrafenib is reversible, ATP-competitive BRAF inhibitor (scheme 2). This agent expose similar mechanism of effectiveness and side effects to Vemurafenib. Among patients suffering from advanced melanoma with BRAF V600E mutations, who had resided dabrafenib as a first treatment - the median of progression-free survival was 6.7 months. The median of overall survival after a year, the median of overall survival 18.2 months was reported [51].



**Scheme 2.** Vemurafenib and dabrafenib mechanism of action.

(Modified from: R. Fisher and J. Larkin, "Vemurafenib: a new treatment for BRAF-V600 mutated advanced melanoma." *Cancer Manag. Res.*, vol. 4, pp. 243–52, 2012 [48], and: Servier Medical Art website, <http://smart.servier.com/>)

## 6. CONCLUSIONS

In recent years, clinical management of malignant melanoma has evolved considerably. New drugs that inhibit the development of cancer are being studied, and research is under way to improve the current therapies. Systematic administration of modern molecular-targeted drugs and improving the function of the immune system significantly have increased the percentage of total remissions. Photodynamic therapy and electrochemotherapy may become interesting alternative for patients not qualified to surgery or systemic chemotherapy. The conducted considerations give hope for further progress in the treatment of patients with malignant skin tumors.

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